

1422 H20A (6.5 km), Mikko Paunu, Tampereen Pyrintö
Sija 1., loppuaika 1:20:28 , 12: 25/km
 Tilanne maalissa klo 20:20:50, mukana 4 osallistujaa

| Tilanne rasteilla (Rata D21A / H20A) | | | | | | | Rastivälit (Rata D21A / H20A) | | | | |
|--------------------------------------|-----------|----------------|-----------|--------------|-----------------|-----------|-------------------------------|-----------|--------------|------------------|-------|
| | Aika/Sija | /km | Kärki | Ero | | Aika/Sija | /km | Kärki | Ero | | |
| 1 (75) | 14:38:28 | 10:28 | 3. | 19:17 | E. Kahila | +4:35 | 10:28 | 3. | 19:17 | E. Kahila | +4:35 |
| 2 (67) | 14:45:41 | 17:41 | 1. | 18:25 | M. Paunu | | 7:13 | 1. | 17:18 | M. Paunu | |
| 3 (85) | 14:49:09 | 21:09 | 1. | 18:04 | M. Paunu | | 3:28 | 2. | 16:26 | L. Pirilä | +0:36 |
| 4 (186) | 14:53:47 | 25:47 | 1. | 17:15 | M. Paunu | | 4:38 | 1. | 14:21 | L. Pirilä | |
| 5 (172) | 15:12:44 | 44:44 | 1. | 13:53 | M. Paunu | | 18:57 | 2. | 10:57 | L. Pirilä | +1:44 |
| 6 (183) | 15:19:22 | 51:22 | 1. | 13:15 | M. Paunu | | 6:38 | 1. | 10:09 | M. Paunu | |
| 7 (156) | 15:30:04 | 1:02:04 | 1. | 13:16 | M. Paunu | | 10:42 | 2. | 13:20 | L. Pirilä | +3:05 |
| 8 (174) | 15:35:28 | 1:07:28 | 1. | 13:09 | M. Paunu | | 5:24 | 1. | 12:02 | M. Paunu | |
| 9 (84) | 15:42:59 | 1:14:59 | 1. | 12:44 | M. Paunu | | 7:31 | 1. | 9:54 | M. Paunu | |
| 10 (125) | 15:47:54 | 1:19:54 | 1. | 12:29 | M. Paunu | | 4:55 | 2. | 9:35 | L. Pirilä | +1:09 |
| M | 15:48:28 | 1:20:28 | 1. | 12:25 | M. Paunu | | 0:34 | 1. | 6:50 | M. Paunu | |

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| 1. Mikko Paunu | TP | 1:20:28 |
| 2. Lauri Pirilä | MSParma | 1:36:09 +15:41 |
| Mikko Knuuttila | IkNV | ei läht |
| Eero Kahila | TP | kesk |